

CERTIFICATE

OF PARTICIPATION

This is to certify that

Thidzielwi Mphothwana

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 01:13:27

PACE 07:19/km

OVERALL 170 of 287

04 December 2016, Sun

Date

GENDER 112 of 157

40+ 30 of 35

